



PRE AND POST TREATMENT INSTRUCTIONS

WiQo PRX-T33

PRE-TREATMENT

- ❖ When booking your WiQo PRX-T33 treatment, please keep in mind the possibility of redness, swelling, blotchiness, darkening of spots, flaking, and peeling after the treatment. Although this facial treatment produces few to none of these side effects for most individuals, these effects may appear immediately and develop over 1-2 days following the treatment. It can take anywhere from 2-7 days for these side effects to resolve for the face and possibly longer for the neck and chest.
- ❖ Discontinue all medical grade skin care products including Retinols, Glycolics, Alpha or Beta Hydroxy Acids, as well as exfoliants and self-tanning products for 1 week prior to each treatment. Discontinue Retin-A (tretinoin) 2 weeks prior. Discontinue Accutane (and any isotretinoin products) at least 12 months prior. Your skin should not be sunburned at the time of treatment.
- ❖ It is important to wait at least 2-4 weeks after your WiQo PRX-T33 treatment and until any redness, swelling and/or peeling have completely resolved before getting other types of facial or Laser treatments on the same area. When getting a WiQo PRX-T33 treatment *after* other treatments, it is important that the area to be treated is not swollen, irritated, peeling, or bruised at the time of treatment.
- ❖ Anticipate seeing some results right away and complete results 2-4 weeks after treatment. Multiple treatments in a series are required to achieve optimal results. The WiQo PRX-T33 treatment is performed at 1 week intervals.

TREATMENT DAY

- ❖ Please come to your appointment with clean skin – remove all makeup, creams and lotions.
- ❖ Please dress so that you may comfortably and modestly expose the treatment area, when applicable (i.e. neck, chest).

POST TREATMENT

- ❖ 1-2 days after treatment, your skin may feel tight and/or rough like sandpaper and pigmented spots may get darker. Light flaking may occur.
- ❖ Please keep the skin clean and avoid makeup on the treated area for the rest of the day following treatment. Tinted sunblock may safely be used starting the day after treatment. Clean makeup (using clean makeup tools) may be applied the next day unless the skin is peeling.
- ❖ Your skin may be more fragile or sensitive than usual for up to 1 week. Avoid using any skin care products other than the post care provided. Do not use any mechanical devices or washcloths to wash your face. Only wash your face with your hands.

- ❖ The products below should be used for the week in between your treatments and for a week after your last treatment.

Day Of Treatment

- Do not wash the skin until the next day.
- Apply only WiQo Moisturizing Cream as needed to keep the skin moist

Days 2-7

AM

- Is Clinical Cleansing Complex
- WiQo Moisturizing Cream
- iS Clinical Eclipse SPF 50

PM

- Is Clinical Cleansing Complex
- WiQo Smoothing Fluid
- WiQo Moisturizing Cream

- ❖ Although the WiQo PRX-T33 peel does not require that you avoid sun exposure afterwards like most other peels, it is still recommended that you avoid direct sun on the treatment area for the best possible care of your skin and to achieve optimal results.
- ❖ No strenuous exercise or excessive sweating for 48 hours post treatment. Also for 48 hours, avoid exposing the treated skin to hot water, steam/steam rooms, chlorinated pools, the ocean, hot tubs, saunas, and any activities that expose the skin to potentially unclean environments and/or produce excessive perspiration.
- ❖ NSAIDS and anti-inflammatories, including but not limited to Motrin, Advil, Ibuprofen, Aleve, Fish Oil, CoQ10, and Turmeric, should not be used during the entire duration of your WiQo PRX-T33 series and should be avoided for 1-week after the last treatment to ensure optimal healing and results. Consult with your prescribing physician prior to discontinuing any prescribed medication.
- ❖ Please schedule your follow-up appointment 90 days after your final treatment to assess results and determine whether additional treatments are needed.

If you have any questions or concerns, please do not hesitate to contact our office at
727.518.7100

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